# White Fillings and Bonding

Composite tooth-coloured fillings are a great alternative to old-fashioned dark amalgam fillings, helping to give you a flawless new white smile.

Durable new composite fillings are an ideal alternative to amalgam fillings, being able to withstand immense biting and chewing pressure, and highly resistant to fractures.

Composite white fillings also need less of your natural tooth to be removed in preparation, meaning smaller fillings. Plus, tooth-coloured fillings can often be placed in just a single appointment.

Bonding is the placement of composite resin material on the front teeth to repair slight imperfections or for other minor aesthetic purposes. This procedure is very non-invasive as it does not remove any tooth structure; it simply uses a strong resin material to mould, shape and sculpt your tooth.

### **Teeth Whitening**

Naturally brighter, more attractive white teeth can give you a great self-confidence boost.

#### AT-HOME WHITENING KITS

Our at-home teeth whitening is proven to be the most effective way to whiten teeth, it's very safe and easy to use without damaging enamel or causing sensitivity. We supply custom-made trays resembling a sports mouthguard for you to use at home. An ideal concentration of bleaching gel is applied into the trays so patients have the ideal result without any side effects.

Your whitening treatment takes 3 weeks to achieve your desired shade, although you will start to notice a significant difference after just a few days. Our teeth whitening methods are completely safe to use.

#### **Orthodontics**

Significantly different from the obtrusive, bulky metal braces from years ago, orthodontics today can be made from fine brackets and wires, tooth coloured ceramic braces which blend with your natural tooth shade or even clear acrylic aligners which are virtually invisible. Orthodontics can help people of all ages from young children through to older adults achieve a beautiful, straight and healthy smile.



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# COSMETIC DENTISTRY





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# **Understanding Cosmetic Dentistry**

Your smile is one of your most individual, instantly noticeable features, which is why many people choose to enhance their smile with one of our cosmetic dentistry treatments.

There are a range of cosmetic dental treatments available to enhance your smile, including tooth-coloured fillings, teeth whitening treatments, porcelain veneers or crowns and bridges. An individual assessment will help us recommend the best procedures for your situation.

# **Crowns & Bridges**

Dental crowns and bridges have a natural toothlike appearance, providing a great looking restoration for chipped, cracked or decayed teeth. A crown provides protection for a single tooth, while a bridge replaces one or more missing teeth.

Crowns and bridges are very strong and extremely durable, and are custom-fitted to ensure your long-term protection and improved appearance. After a thorough examination and careful preparation, your crown or bridge can often be completed in just two appointments.

# Enhance your smile & restore your health

We love giving our patients the self-confidence boost that comes with a whiter, beautiful straight new smile. Your smile is one of the first things people notice about you, which has made cosmetic dentistry procedures increasingly popular.

Using the very latest technology and treatment techniques, we can give you the very best service and care to restore the health and beauty of your smile.

Cosmetic dentistry is no longer just for the rich and famous – anyone can benefit from our affordable and truly achievable procedures so you too can look forward to smiling confidently with your brand new smile.



# **Porcelain or Composite Veneers**

tooth.

Dental veneers are very thin, completely natural-looking shells that are bonded to your front teeth to close gaps, straighten crooked teeth, repair chips, or cover permanent stains. A fast and very good looking solution, veneers may be your path to a long-lasting smile.

Dental veneers are custom made from either porcelain or composite materials in our dental laboratory, to create a bright, natural-looking smile featuring beautifully aligned, perfectly-shaped teeth.

The extreme thinness of dental veneers means they require little or no reshaping of your natural tooth for a snug fit. As well as their transformational aesthetic qualities, with their strength and durability, veneers help protect the surface of a damaged

# **Inlays & Onlays**

Inlays and onlays are a natural-looking alternative to fillings, being custom-made from strong, durable porcelain to fit and fill most types of cavities. When placed, inlays and onlays are practically indistinguishable from your natural teeth as they are tooth coloured.

Another advantage over conventional fillings, which require large amounts of healthy tooth to be removed in preparation, is that inlays or onlays require only the damaged portion of your tooth to be removed.